In Review 2021



Drop-in Centers – 23 Centers

8 drop-in centers that conduct outreach in collaboration with ELEM outreach vans | 7 social-emotional centers within schools around the country | Opening a new drop-in center in Nahariyya



Street Work - 24 Towns

Expansion of identification of youth at risk on social networks | 5 outreach vans in Arab towns | 60 work shifts in the framework of the Welfare Ministry's "We see you" program | Acquisition of 15 new outreach vans.



Extreme Risk and Teen Girls - 8

Transition to 24/7 response in more shelters | Establishing neWish, employment project for girls at extreme risk | Establishing a project for locating homeless youth in Tel Aviv | Developing the new.story project for locating youth online who have experienced sexual abuse at home.



Employment and Independent Living - 1,000 young adults

150 young mothers received mentoring and support | 100 young people in the program for guidance in financial management | 20 women in the activist





Sexual abuse - 3 Centers, 29 Therapy Groups

Opening of the first center in the country in Jerusalem for treatment of boys who have experienced sexual abuse | 3 treatment centers for sexual abuse 29 therapy groups | Opening the Ohel Nechama project for dialogue about sexual assault



Arab Community - Outreach Vans in 5 Cities, 2 Centers

A milestone in ELEM's history – establishing work in the Arab community! | 5 Arab towns in which ELEM outreach vans operate | 2 "Nur" Centers for young women and girls in Arab towns | Establishing professional headquarters at ELEM for work in Arab society.



ELEM is working for social change in Israel

In 2021, ELEM continued to work for legislation and policy change through integrating ELEM staff and young people on committees and roundtables such as:



- The special committee for issues of addictions, drugs and challenges to youth in Israel
- The subcommittee for the fight against trafficking in women and the committee to promote the status of women
- The committee for the rights of the child
- Promoting the "Housing First" program
- The forum of employment organizations
- The national struggles against sexual violence and violence against women
- The fight to save the third sector during the pandemic
- Establishing the Ohel Nechama project for dialogue about sexual assault

משרד העבודה הרווחה והשירותים החברתיים חוסן חברתי לישראל



ELEM works in cooperation with the Ministry of Welfare. Many of ELEM's projects operate in cooperation with government ministries, local authorities and philanthropic bodies, and continued to do so during the pandemic period.

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ELEM - Youth in Distress In Israel



*ELEM by the numbers



vouth served per year



volunteers



staff members



projects



cities and towns

ELEM's Vision

ELEM - Youth in Distress seeks to help vulnerable teens and young adults handle their situations, overcome risks and grow into citizens who contribute to themselves, their communities and to Israel.

Who does ELEM help?



*As of 2021

National deployment



ELEM Programs

Numbers of youth served in activity areas*:



4.433**

Street work



ELEM Digital 3.065



Drop-in Employment & centers independent living 2,089 1,106



Extreme risk 822



Sexual abuse 699



Arab community 214

Key phenomena

Violence

In comparison to 2020 In comparison to 2019



Sexual violence 1,682



violence 1,177



Violence at home 1,893



Violence outside the home 2,126

2.2 times greater

Eating disorders 950



unsupervised parties

2,060



Self-harm 1,432



Isolation 3,446



Depression and anxiety 4,000

Use of addictive substances

Emotional distress





^{*} The data was collected from all youth served by ELEM in 2021. ** Does not include one-time contacts.



"We are the children of COVID-19, we shouldn't know... We grew up, we shared a situation now of depression, fear, anxiety. We also wanted to grow up, to flourish, like in regular years. Friends – and not just masks, or days and nights of isolation. Therefore, we will request and not just say, we paid the price. Those years we lost, we cannot get them back. But a smile of faith and strength, friendship, future and hope, We can restore through dedication, caring, therapy, love!"

(From a poem written by Ephraim Sidon, from ELEM's campaign, a rewrite of "The Children of Winter '73" by Shmuel Hasfari)

This is the cry of the youth, victims of the COVID-19 crisis of the past two years. Between the war in the world and the security situation in Israel, a whole generation of teens and young adults who are suffering from serious mental health consequences of the pandemic have been left off the agenda.

In the data we collected, we see a two-fold increase in depression and anxiety, a two to three-fold increase in violence at home, on the street and on the internet, double the number of eating disorders and a 1.5fold increase in self-harm among youth in comparison to 2019.

This is long-term damage, after two years without a stable framework and without social life. Youth, who during the pandemic switched to communicate almost exclusively on screens, have lost the ability to establish face-toface interpersonal relationships, and the ability to show empathy.

We at ELEM, with the help of therapeutic staff and dedicated volunteers, will continue to work on behalf of young men and women. To be there for them, to see them, to listen to them, to guide and assist them and not leave any young person alone. It is imperative to help them!



ELEM in the International Arena

In 2021, ELEM continued to speak at United Nations forums on behalf of at-risk youth, the only Israeli organization addressing vulnerable teens and young adults to hold UN consultative status. ELEM's standing in the international arena enables the organization to cooperate with professional organizations around the world and to put assistance for youth in distress on the international agenda. Since the outbreak of the COVID-19 pandemic, ELEM has presented at three UN conferences dealing with drug use and at an event of the America-Israel Friendship League on the topic of homelessness.

